

Breakfast Items until 11:30am

Spread used is dairy free **V**

Bread used on cooked breakfasts is sourdough **G**
Gluten **FREE** bread is available upon request.

Seasons Breakfast toast **G** with spread **£10.40**
2 eggs, 1 sausage **G,SD** 1 bacon, 2 hash browns, baked beans & mushrooms

Light Breakfast **£8.20**

toast **G** with spread, 1 egg, 1 sausage **G,SD**, 1 hash brown &, baked beans

Vegetarian Breakfast **£8.20**

toast **G** with spread, 1 egg, 1 vegan sausage **S**, baked beans & mushroom

Poached Eggs with Avocado **£8.50**

toast **G** with spread, 2 eggs with smashed avocado, chick pea & peppers

Scrambled Egg with Smoked Salmon **£9.50**

toast **G** with spread, 2 eggs **D** with smoked salmon **F**

Eggs on Toast toast **G** with spread, 2 eggs **£5.95**

Mushrooms on Toast toast **G** with spread **£5.95**

Beans on Toast toast **G** with spread **£5.95**

Sausage **G,SD** or Bacon Sandwich **G,SY** **£5.95**

Children's Breakfast **£4.95**

1 bloomer toast **G,SY** with spread, 1 egg, baked beans

Toast 2 slices bloomer bread **G,SY** 3 butters **£1.75**

Additional butters each **£0.35**

Light Meals 11-2:30pm

Soup **C** of the Day, Roll **G,SY** Butter **D** **£6.10**

*Soup **C** of the Day & Sandwich * **£12.00**

*Soup **C** of the Day & Toastie * **£13.00**

* **starred options available only**

Soups are **GF** and **VEGAN FRIENDLY**

Please clearly state **FOOD ALLERGENS** when ordering, as alternatives may have been used.



Sandwiches 11-2:30pm

served with a lettuce garnish

Bread Malted **G** Bread White **G,SY**

Spread used is vegan friendly **V**

Egg Mayonnaise & Cress **E** * **£6.75**

Cheese **D** * **£6.75**

Tuna Mayonnaise & Cucumber **F,E** * **£6.75**

Ham Salad * **£6.75**

Tuna & Cheese **F,E** * **£6.75**

Ham & Cheese **E** * **£6.75**

Chicken, Bacon & Spinach Mayo **E** **£6.95**

Smoked Salmon & Cream Cheese **F,D** **£6.95**

Prawn Cocktail & Lettuce **CR,E** **£7.40**

Avocado, Pepper & Chickpea **V** * **£6.75**

Add lettuce, tomato, cucumber or onion to your sandwich or baguette at no additional cost.

Any of the above available in a Baguette **G** **£1.40**

Toasties served with a lettuce & coleslaw **E** garnish

Cheese **D** * **£7.95**

Tuna & Cheese **F,E,D** * **£7.95**

Ham & Cheese **D** * **£7.95**

Chicken, Bacon & Spinach Mayo **E** **£7.95**

Avocado, Pepper & Chickpea **V** * **£7.95**

Add Chips **£3.95**

Crisps **£1.30**

Main Meals 12-2:30pm

Seasons Burger in a Bun **G** & Chips **£14.15**

With House Relish **E**, Lettuce/Tomato & a Side of Slaw **E**

Scampi **CR,G** Chips & Peas **£14.00**

Served with Tartare Sauce **E** and Lemon

Tuna Mayonnaise Salad **F,E** **£11.45**

Ham Salad **E** **£11.75**

Feta, Spinach & Pepper Quiche **E,G,D** **£11.40**

Served with Chips & Salad **E**

Smoked Salmon Quiche **F,E,G,D** **£12.20**

Served with Chips & Salad **E**

Check out our Daily Specials Board

Jacket Potatoes served with a side salad **E**

Butter used is dairy free **V**

Plain **£6.30**

Tuna **F,E** **£8.50**

Cheese **D** **£8.50**

Beans **£8.50**

Beans & Cheese **D** **£8.75**

Prawn Cocktail **CR,E** **£10.95**

Pot of Grated Cheese **D** **£2.25**

Pot of Tuna **F,E** **£2.50**

A Roast is available on Sundays

V =vegan friendly

Letters in **RED** mean food contains the following allergen ingredients:

G=gluten/wheat **D**=dairy **E**=eggs **F**=fish
C=celery **SY**=soya **M**=mustard **MS**=molluscs
CR=crustaceans **S**=sesame **SD**=sulphur dioxide
L=lupin **N**=nuts **P**=peanuts

Cold Drinks

Coca-Cola	£2.80
Diet Coke	£2.65
7up	£2.65
Lipton Peach / Lemon Ice Tea	£2.90
J20 Orange & Passion Fruit	£3.10
J20 Apple & Raspberry	£3.10
Heartsease Elderflower Presse	£2.75
Heartsease Fiery Ginger Beer	£2.75
Heartsease Raspberry Lemonade	£2.75
Heartsease Traditional Lemonade	£2.75
San Pellegrino Limonata	£2.50
San Pellegrino Aranciata	£2.50
Harrogate Still Water	£1.80
Harrogate Sparkling Water	£1.80
Firefly Kiwi, Lime & Mint	£3.35
Firefly Lemon, Lime & Ginger	£3.35
Firefly Pomegranate & Elderflower	£3.35
Frobisher's Orange Juice	£3.40
Frobisher's Cloudy Apple Juice	£3.40
Viva Choc/Straw Flavoured Milk	£1.75
Orange/Apple Juice Carton	£1.75

Hot Desserts

Homemade Apple Crumble v G	£6.00
Homemade Cherry Pie G,D,E	£6.00
GF Sticky Toffee Pudding E, D,SY	£6.00

Served with either Custard D or Ice Cream D

Alcoholic Drinks

Small Bottle Wine 187ml	£6.50
(Merlot, Pinot Grigio or Rose)	
Small Prosecco Bottle 200ml	£7.95
Budweiser Lager 330ml	£4.50
Bulmer Cider 500ml	£6.50
Doom Bar or 0.0% 500ml	£6.50
Large Wine Bottle 750ml	£19.95
(Merlot or Sauvignon Blanc)	

Round Cakes

(Please check display for daily selection)

Ripple Triple G,E,D	£3.95
Battenburg G,E,D	£3.95
Homemade Victoria Sponge G,E,D	£3.95
Homemade Chocolate G,E,D	£3.95
Homemade Carrot G,E,D	£3.95
Homemade Coffee & Walnut G,E,D,N	£3.95
Blueberry & Lemon G,E,D,SD	£3.95
Red Velvet G,E,D	£3.95
GF Cappuccino E,D,SY	£3.95
GF Chocolate Clementine v SY	£3.95

Morning Pastries (see display)	£2.55
Toasted Teacakes G (3 butters D)	£2.85
Homemade Scones G,E,D (2 butters D)	£2.60
Choice of Fruit, Plain OR Cheese	
Cream Tea (tea or small filter coffee)	£6.25
Selection of Muffins (see display)	£2.80
Additional Butter	£0.35

Sliced Cakes

(Please check display for daily selection)

Homemade Bakewell Tart G,E,D,N	£3.95
Homemade Fruit Cake G,E,D,SD	£3.95
Homemade Bread Pudding G,E,D	£2.90
Homemade Banana Bread v G,N	£2.90
Homemade Courgette & Lime G,E,D	£2.90
Homemade Lemon Drizzle G,E,D	£2.90
Homemade Light Ginger G,E,D	£2.90
Homemade Sultana Flapjack G,D	£2.90
Homemade Rocky Road G,D,SD	£2.90
Homemade GF Chocolate Brownie E,D	£2.90
Vegan Fruity Flapjack v SD	£2.90
Homemade Cupcake G,E,D	£2.60

Tray Bakes

(Please check display for daily selection)

Toffee Pecan G,SY,D,N,SD	£2.90
GF Caramel Shortbread D,SY	£2.90
GF Chocolate Tiffin D,SY,SD	£2.90
White Chocolate & Cranberry G,SY,D,N,SD	£2.90
Honeycomb Tiffin G,D,SY	£2.90
Salted Caramel Slice G,D,SY,N	£2.90

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